



## “Leading the Change with Regenerative (Food) Systems” 2-day Workshop in Penna in Teverina, Umbria

- *limited number of funded spots available* -



What? A 2-day workshop for enthusiastic change-makers that want to learn about the transformative potential of *regenerative systems*\*\* and *permaculture* to reach sustainable change in the food system while getting practical experience in the rural context of Italy

When? March 25<sup>th</sup>-27<sup>th</sup>: Kicks-off Friday evening and ends Sunday after lunch

Where? [Penna in Teverina](#), at the sustainable *Via Verde*\* learning space amongst olive trees in the blooming spring: our favourite learning environment and your regenerative destination close by (1h from Rome)

Who? We are looking for highly motivated people, who:

- are passionate about sustainability & environmental justice and have the drive to push these topics in their work environment
- seek sustainable change in the food system
- work in the field of food security or rural development
- want to explore the transformative potential of regenerative systems thinking
- and the role permaculture principles can play for concrete transformation
- want to connect with like-minded people in the beautiful Umbrian countryside 1h north of Rome and see a regenerative project in action

\*Via Verde: The Via Verde olive farm is the green learning space and living lab for regenerative working, living and learning from the educational organisation *Forum-ViA*

What you can expect:

- You'll learn about the holistic concept of regenerative development and discover its difference to sustainable development
- You'll learn about permaculture, how it is connected to regenerative development and its concrete transformative potential
- Applying your newly acquired knowledge to the question: How can regenerative food system concretely look like? What do we need for that?
- Hands-on tools to bring regenerative thinking into your own work and project (A toolkit for regenerative thinking in project development)
- Bridging theory and practice: hands-on experience @ViA Verde olive farm and living lab
- Creating lasting connections with a supporting network of passionate changemakers that want to see real change in our (food) systems
- Lots of new motivation, hope and new tools for a sustainable transformation!
- Opportunity to get follow-up support for the integration of regenerative thinking into your project or organisation

*This workshop is funded by the EU. Costs for accommodation and food are covered. Our ambitious team of ViA Verde is contributing their time and expertise to make this meaningful workshop happen. If you enjoyed the weekend and you are able, we would welcome your small donation to help this project grow.*

Practical information:

The location is easily accessible from Rome (Tiburtina - Orte Scalo approx. 40 minutes). Costs for transportation are asked to be covered by yourself. A transport from Orte to ViA Verde will be arranged by us for everyone without a car. We will let you know whether you are among the selected participants of the workshop by the 21<sup>st</sup> of March.

Selected participants will then receive more information about the programme's agenda and logistical details. We have the possibility to move the workshop inside if the weather does not allow for an outside facilitation.

We look forward to your application. Please send in your CV with one sentence why this workshop triggered your interest to [hannah@forum-via.org](mailto:hannah@forum-via.org). Deadline: 20<sup>th</sup> of March  
If you have any questions regarding the programme, please feel free to call Valentina under +393895338756.

*We look forward to hearing from you!*

*Hannah Eckert, Forum-ViA*

*Coordinator of the Med Dialogue Common Action "Rethink, Reconnect the Med" and the Change Leadership Opportunity "Leading the Change with regenerative (food) systems"*

*Valentina Aversano-Dearborn, Forum-ViA*

*Founder and Co-Director Forum-ViA  
Founder ViA Verde*



## Context:

This workshop is part of a workshop-series taking place all over the Mediterranean Region through the *Med-Dialogue* program "Rethink, Reconnect the Med" that aims to activate our critical thinking abilities to rethink solutions for a more sustainable and equal world.

*Med Dialogue for Rights and Equality is a 3-year (2019 – 2022) EU-funded Technical Assistance regional Programme with the overall objective to strengthen the role of CSOs active at the regional scale, in building sustainable development, regional cohesion and social resilience, as well as in influencing policy-making in the Southern Neighborhood and the Euro-Mediterranean Space. The Programme recalls the importance of the civil society as an agent for change, an essential component for democracy, whose participation in public processes and in policy dialogues would lead to more inclusive and effective policies, transparency and accountability.*

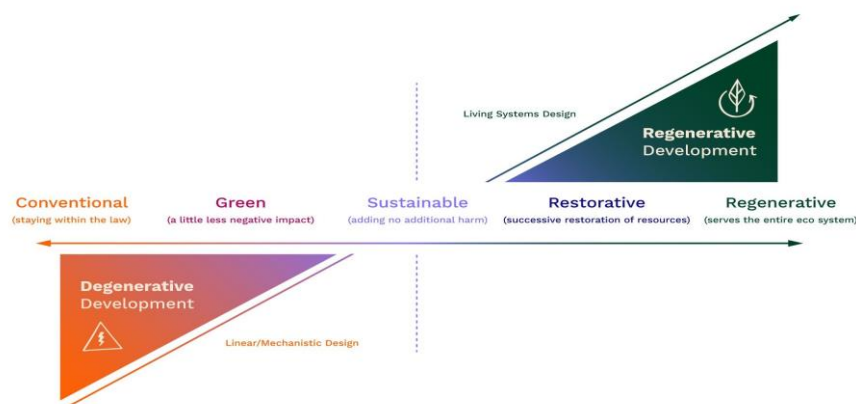
The implementing actors of this workshop are:

*Forum-ViA: A group of young "Visionaries in Action" that believe that transformative education is the key for change. Through the activities and interactive work with young adults, ViA aims to shed light on the global challenges of our time (economic crises, biodiversity loss, environmental degradation, climate change, social discrimination etc.), as well as to promote constructive and proactive approaches to overcoming these challenges.*

[www.forum-via.org](http://www.forum-via.org)

*ViA Verde is Forum ViA's living lab and learning space in Umbria, Italy. ViA Verde is a work-in-progress with big plans to organically produce olive oil, honey, aromatic herbs, and a variety of fruits and nuts, alongside offering learning and farmstay opportunities.*

<https://www.facebook.com/ViA.Verde.Umbria>



Grafik based on Reed, 2016 & Roland, 2018

**\*\* Regenerative systems: Graphic depicting a living systems design for regenerative development**